

FEAR OF THE UNKNOWN...



Written by – Dr. Shreesh Kumar Tiwari | Illustration- Ruchira Bhattacharya

Stories speak...!

Stories are the heartbeat of life, weaving together the bittersweet moments that shape our existence. They ignite our spirit, empower us to face life's challenges, and guide us through the complexities of the world. From the digital age to women's rights, from nature conservation to the pursuit of livelihood, and from embracing life's trials to exercising our right to vote – these stories illuminate the path to a meaningful life. Stories woven around 'Critical Life Skills' not only entertain but also cultivate wisdom, enhance our reasoning, and teach us the art of making informed and thoughtful decisions. Step into the narrative, reflect deeply, and let the stories lead you forward!

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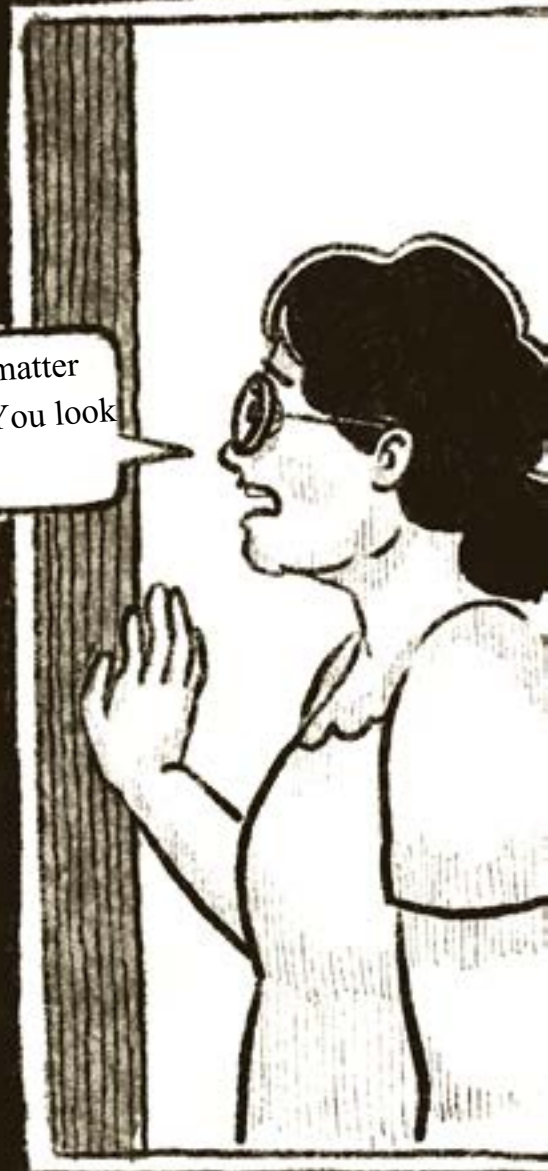
| Illustration- Ruchira Bhattacharya



राष्ट्रीय शैक्षिक अनुसंधान और प्रशिक्षण परिषद्
NATIONAL COUNCIL OF EDUCATIONAL RESEARCH AND TRAINING



What's the matter
Vandana? You look
worried.



No mother, it's nothing.







If there is any problem you can tell me. What is the matter?





I feel like someone
has been...
following me... for
a few days.

following...





Really ?

Who is he?

And

How long has
this been going
on?

I don't know. But for the past month, it feels like
someone is always around, no matter where I go.



Since then, I've also been getting likes and nasty
comments from a fake profile on my social media.



But who can do this?

Can I see your social media
profile?

at this.



I don't know! I just can't
understand anything.



Yes, look



These likes and comments have been coming every day since last month. Did you go somewhere a month ago?

Yes! I went to a party at Srivastava aunty's house.

Did something happen there?

No, nothing like that happened.

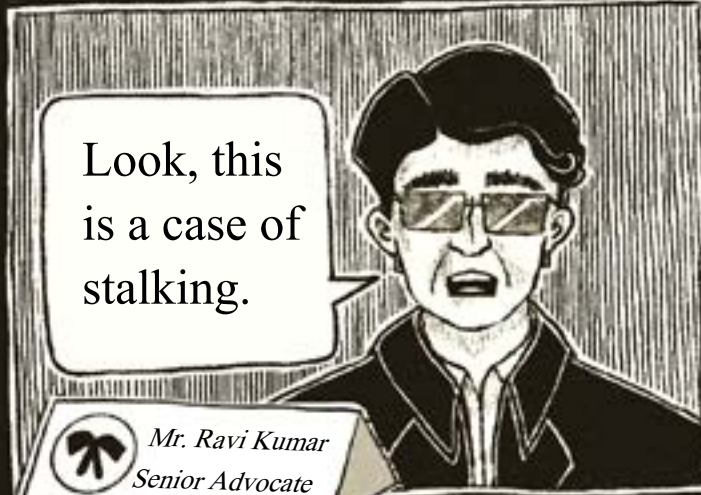
Have you received a call from an unknown number?

No!



Okay. Come with me.

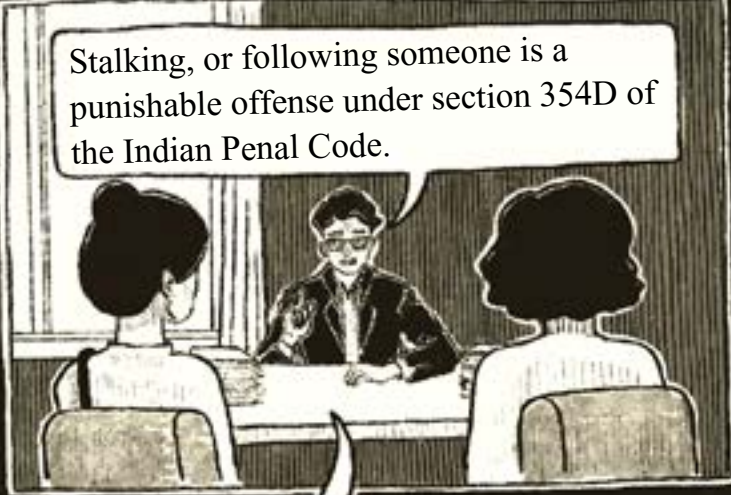
But where?



Look, this is a case of stalking.



Mr. Ravi Kumar
Senior Advocate



Stalking, or following someone is a punishable offense under section 354D of the Indian Penal Code.



Additionally, cyber stalking, or following through online means, is also punishable under sections 67 and 67A of the Indian Information Technology Act 2000.

Nice pic dear!

Do you recognize me?

Saw you in the market!

Very beautiful!

Want to meet! you!



There are 3 main types of cyber stalking-

1. Email Stalking
2. Internet Stalking
3. Computer Stalking

And we should know how to stay safe from them.



What should I do now?

You should file your complaint at the nearest police station and tell them everything honestly and without fear. These criminals take advantage of our silence and evade the police. This only boosts their confidence while citizens like you go through mental stress.



And make sure...



...not to share your personal information on social media.

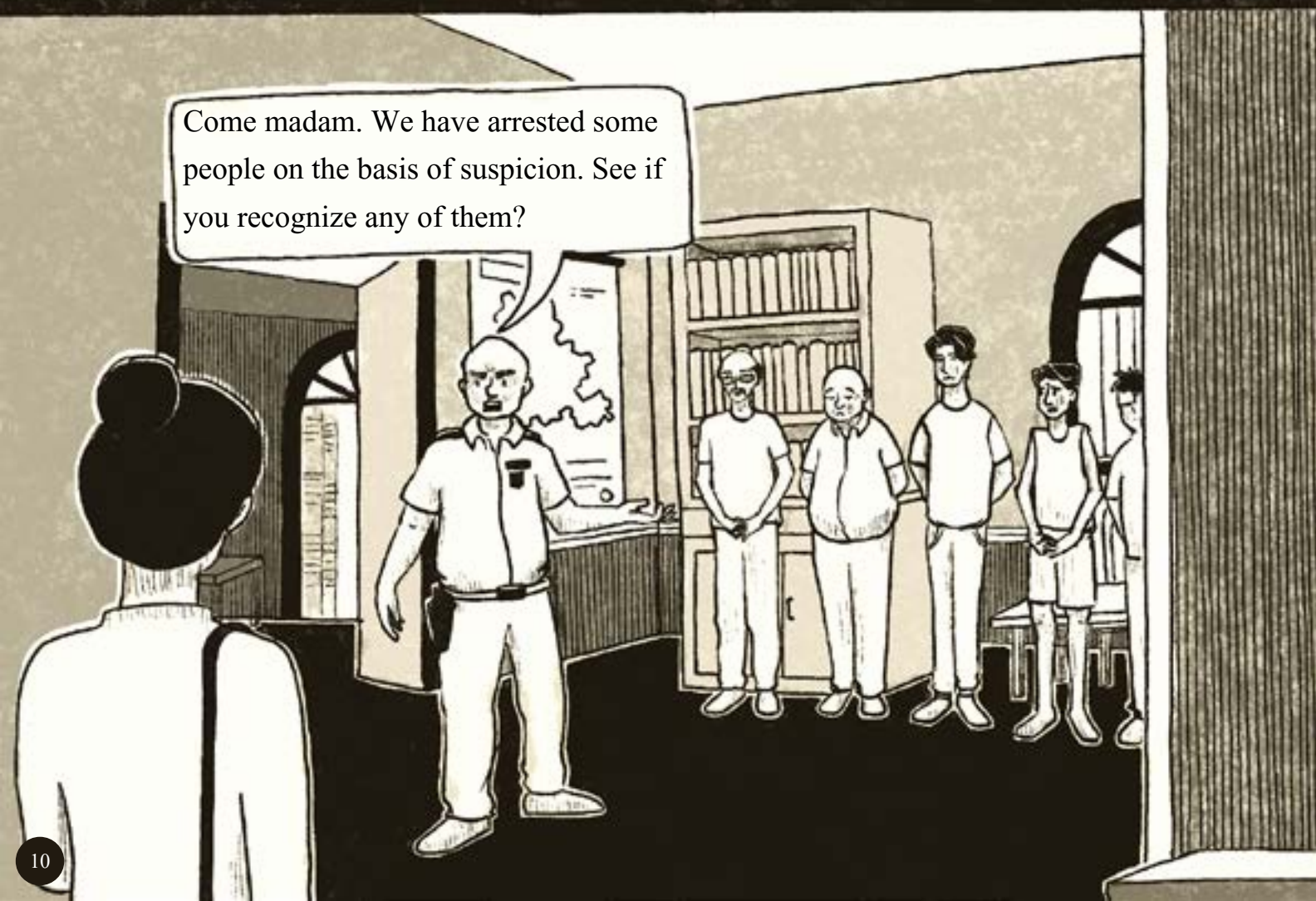
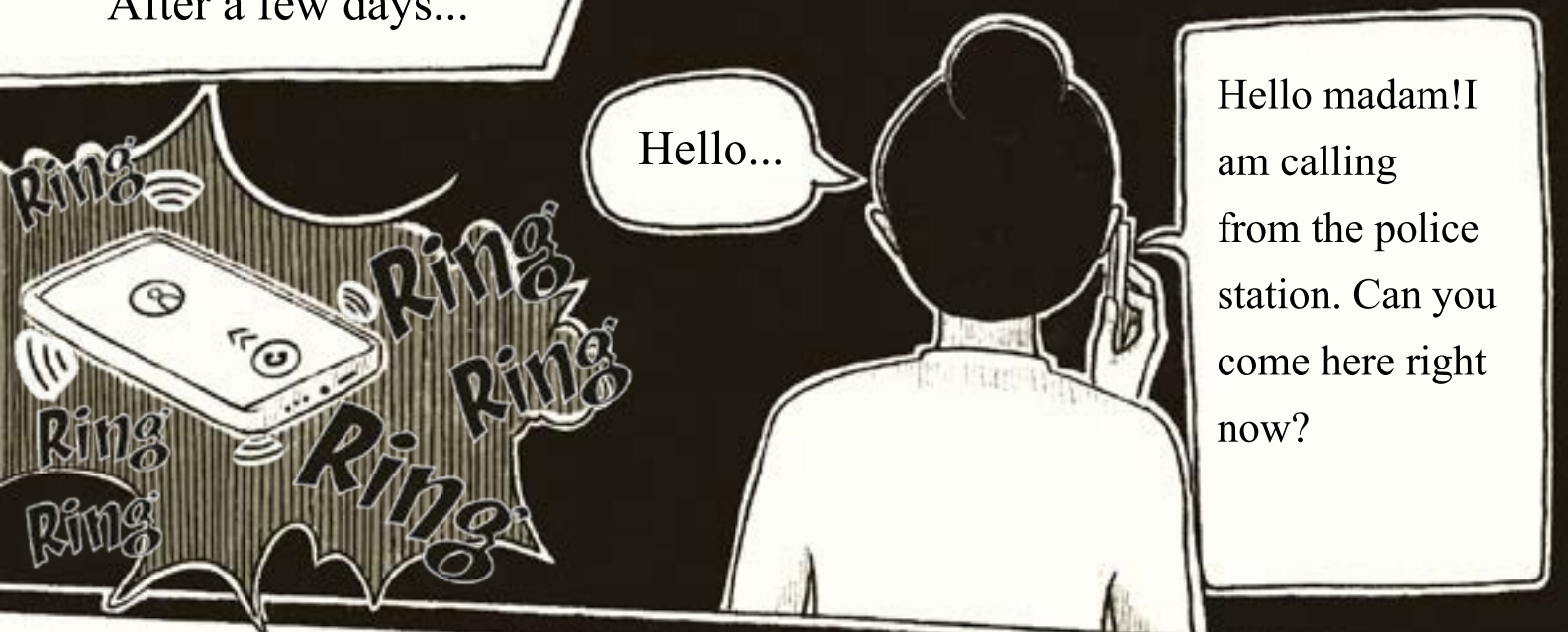


Be aware of the people around you and their activities.



Do not use deserted paths or shortcuts to save time.

After a few days...





Sir, I recognize him!

He was serving food to everyone at Srivastav Aunty's party.



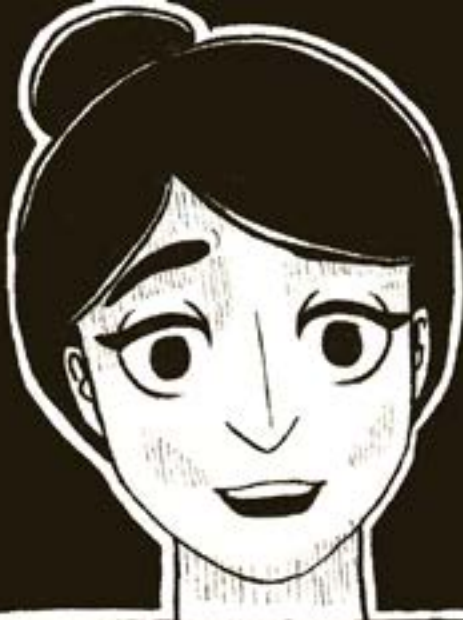
But how did he get my number?

Tell me the whole truth now!

I'll Tell You!!

Sir, she is connected with Srivastav Madam on WhatsApp. When I went to collect the payment from her after the party, she kept her phone on the table and went to the room to get the money. I saw that she was sending her some photos. Since I had seen her at the party, I recognized her and took her number from madam's phone. Her social media account is linked to this number, so I started sending her messages.





Social media has many advantages, but if not used wisely, it can also have drawbacks. To ensure safe and responsible use, always keep the following points in mind-



Do not accept friendship request from any unknown person.



Decide who can see your posts and comment on them through the options.

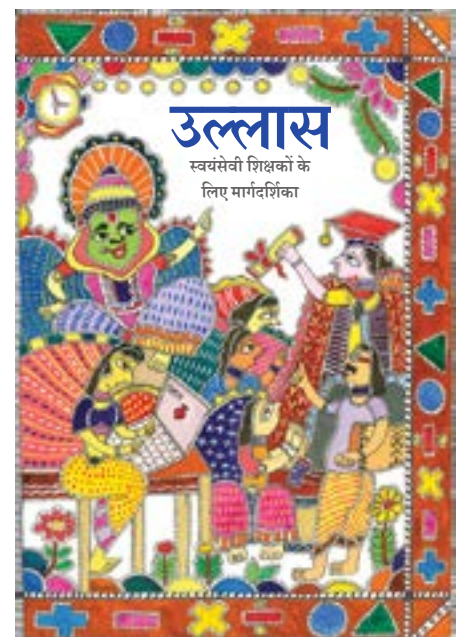
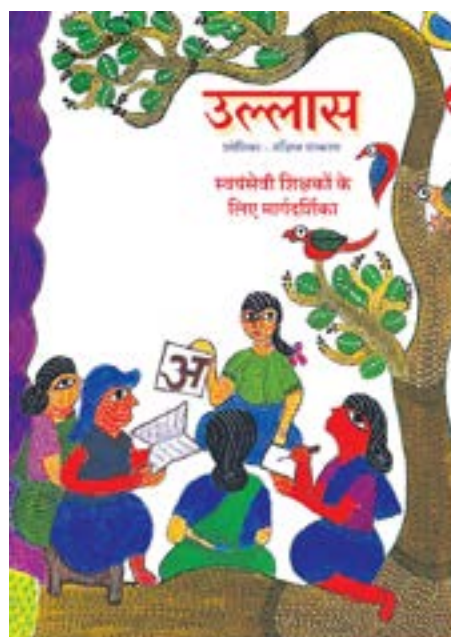
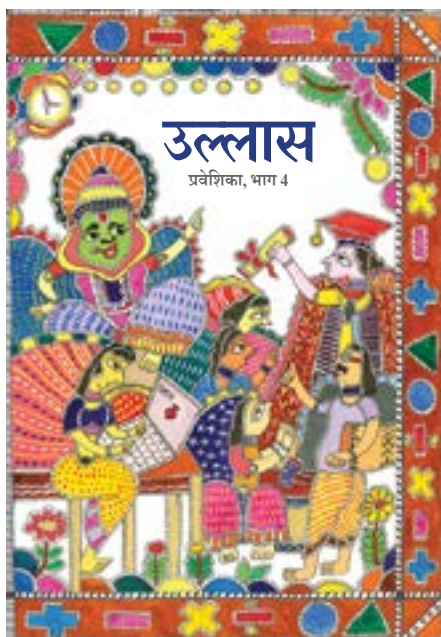
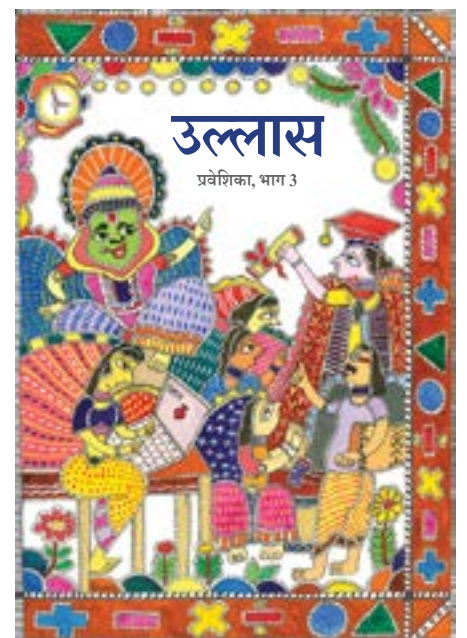
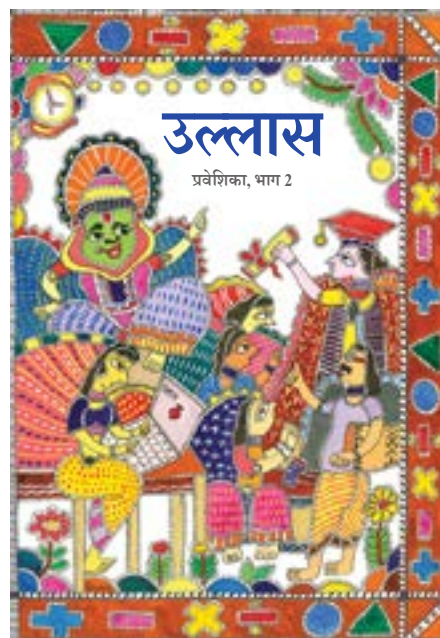
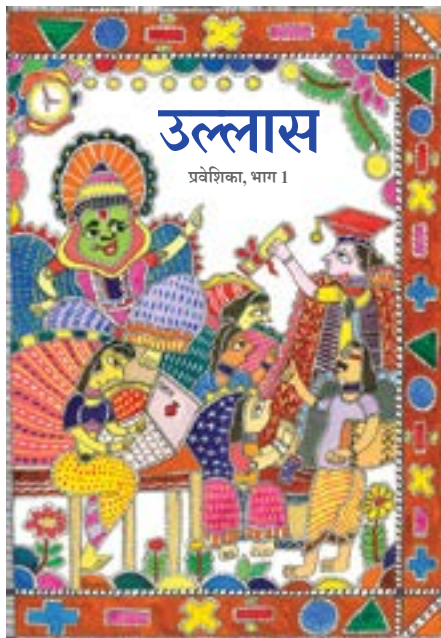
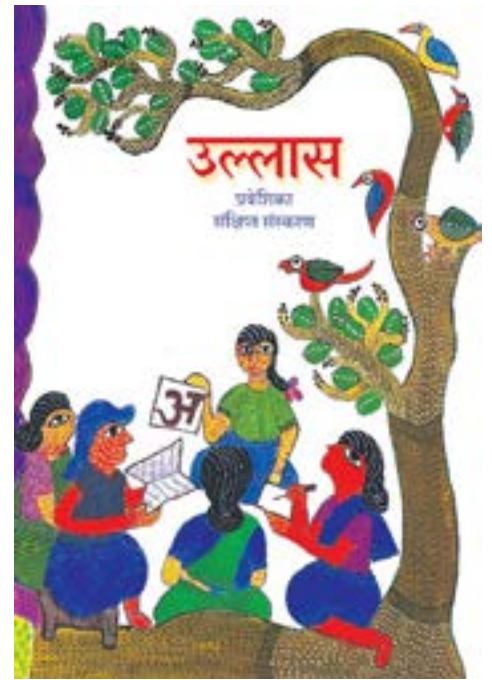


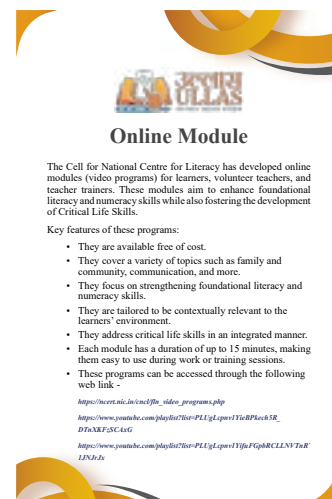
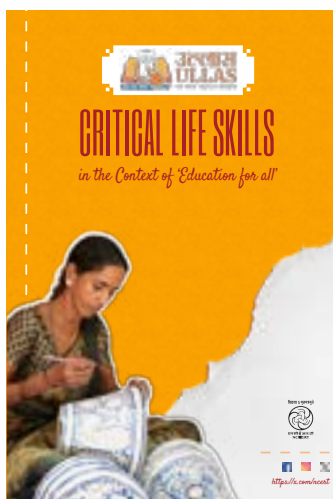
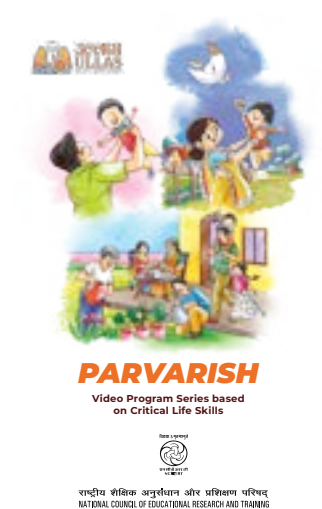
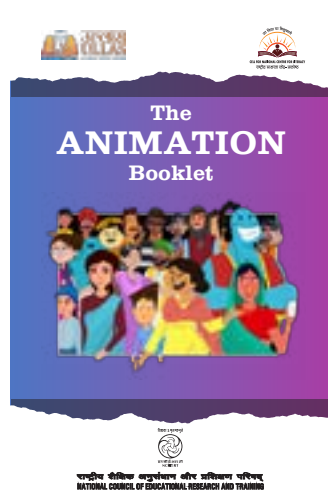
Use only original anti-virus and internet security software.





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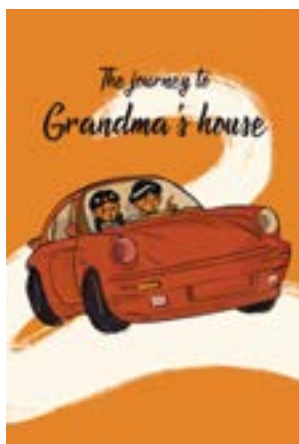
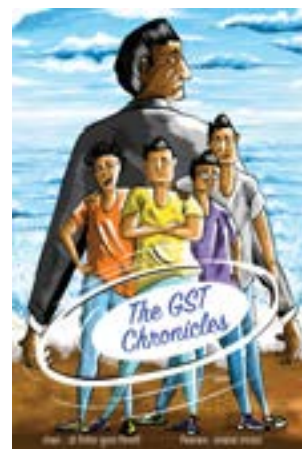
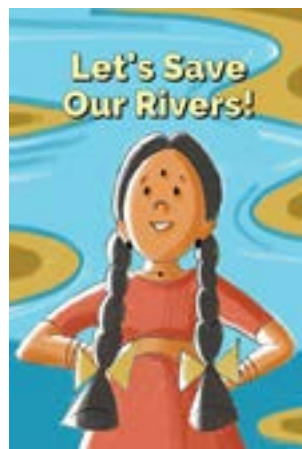
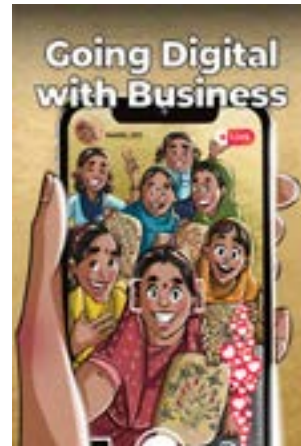


DIKSHA (Education for All Vertical) :
<https://diksha.gov.in/adult-education.html>

CNCL Website :
<https://ncert.nic.in/cncl/>

Story Books

Based on Critical Life Skills



Busy with the noise of the
internet...

...

Don't forget to follow
safety measures!

विद्यया ऽ मृतमश्नुते



एन सी ई आर टी
NCERT

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